# **RAME GIG CLUB MEMBERSHIP FORM 2025**

Membership year runs from 1<sup>st</sup> April to 31<sup>st</sup> March

## Adult Details:

Title (Mr, Mrs etc.)	Full Name	Date of Birth	Gender		
Full Postal Address (incl. Post Code)					
Tel:	Mobile:	Email:			

# Junior Details (If applicable):

Title(Master, Miss)	Full Name	Date of Birth	Gender

#### Membership:

Rowing / Fitness Suite – Full Membership (#1/#2) £110 Rowing Member □ Fitness Suite □   A sliding scale fee applies for members joining after 1st October which equates to £10 a month Fitness Suite □					
Student (Year 12 and above)		£30 Rowing Member 🗆		Fitness Suite 🗆	
Novice Per Session (#3)					
Temporary Members:					
Rowers – Competent Rowers (#1) £3 per sessior (a max of 10 rows per year are permitted after wh		nber	ship is required)		
Fitness Suite (#1/#4)	£	10			
Social Only	£	30			
Moorings (Per mooring held) (#7)		90	□ (Fee due 1 <sup>st</sup> January	()	
Family – a family is defined as a parent/s and a child/children in school up to and including year 11					
1 <sup>st</sup> child incl. parents/helpers (#1#5#6)	£30		Additional Junior Sibling	£20	
Family #1 (2 Adults 1 junior) (#1)	£230		Additional Junior Sibling	£20	
Family #2 (1 Adults 1 junior) (#1)	£130	□ to f2	Additional Junior Sibling	£20	□ for Famil

fee applies to families joining after 1st October which equates to £20 a month for Family #1, and £11 a month for Family #2, A sliding s but there is NO reduction on 1<sup>st</sup> child incl. parents or additional junior siblings.

**Subscription/Maintenance:** Please be aware that subscriptions do not in themselves pay for the running of the club and the club is subsidised to a large extent by fund raising activities, therefore it is incumbent on all members to help on the fund-raising events. All members, be they rowers or fitness suite users are expected to contribute to the general maintenance of club equipment be it in the fitness suite or the gig shed when required.

**Fit to Participate:** Members should be aware that rowing and/or using the fitness suite can be a very strenuous and if you have any medical/other problems that would preclude you from safely taking part in this activity you must seek medical advice to establish your fitness to be able to take part. Your membership application will include the completion of a Physical Activity Readiness Questionnaire.

### Health & Safety:

**Fitness Suite (FS):** Due to the nature of the activity it is important you understand that you must comply with the Terms and Conditions of the FS which you will read on your induction and are displayed on the FS desk. **Rowing:** Due to the nature of the sport, it is important you understand that for you and wellbeing of the rest of the crew, that at all times (when afloat especially) the Cox is in charge and all instructions must be followed without question. Also, that at any other times you should conduct yourself in a manner which ensures the safety of yourself and other club members.

Sign to confirm you have read the above and are compliant. Adult signature/s (Parent/guardian is to ensure Junior/s read this form and your signature is also on their behalf.)

Signed:	 Date:	

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Payment by Bank Transfer is preferred, but can be made in Cash/Cheque (cheques made payable to Rame Gig Club). For Bank transfers, the details are Sort Code 20-50-40, Account No. 83200078. Please use your name as reference.

This form should be completed and returned in hard copy to the either the Gig Shed or Fitness Suite. General Data Protection Regulations – our policy on how we use and process your data can be found on our website or can be downloaded from our Facebook page.

All the Club's other policies and procedures are also published on our website, <u>www.ramegigclub.com/join or</u> can be downloaded from our Facebook page.

#### Notes:

(#1) Membership fees MUST be paid before any facilities are used to adhere to insurance conditions.

(#2) Life Members will receive a deduction off full membership of £25.

**(#3)** Novice Up to 3 taster sessions are offered before joining the club. Taster sessions are free but donations to help with club funds are appreciated.

(#4) Temporary Members must undergo an induction. A fee of £10 a month, or part thereof, is applicable. (#5) Juniors Non-participating parent/guardian are also covered and will have to fill out parental consent form, and if under 16 must be accompanied by adult in fitness suite. This category does not entitle the parent/guardian to use rowing or fitness suite facilities.

(#6) Helper i.e. parent/guardian, and are not permitted to row or use the fitness suite facilities unless they are full members.

(#7) Moorings Mooring fees are due from 1st January. Full members of the club are offered a reduction of £10 on condition member re-joins on 1st April. A separate mooring form must also be completed